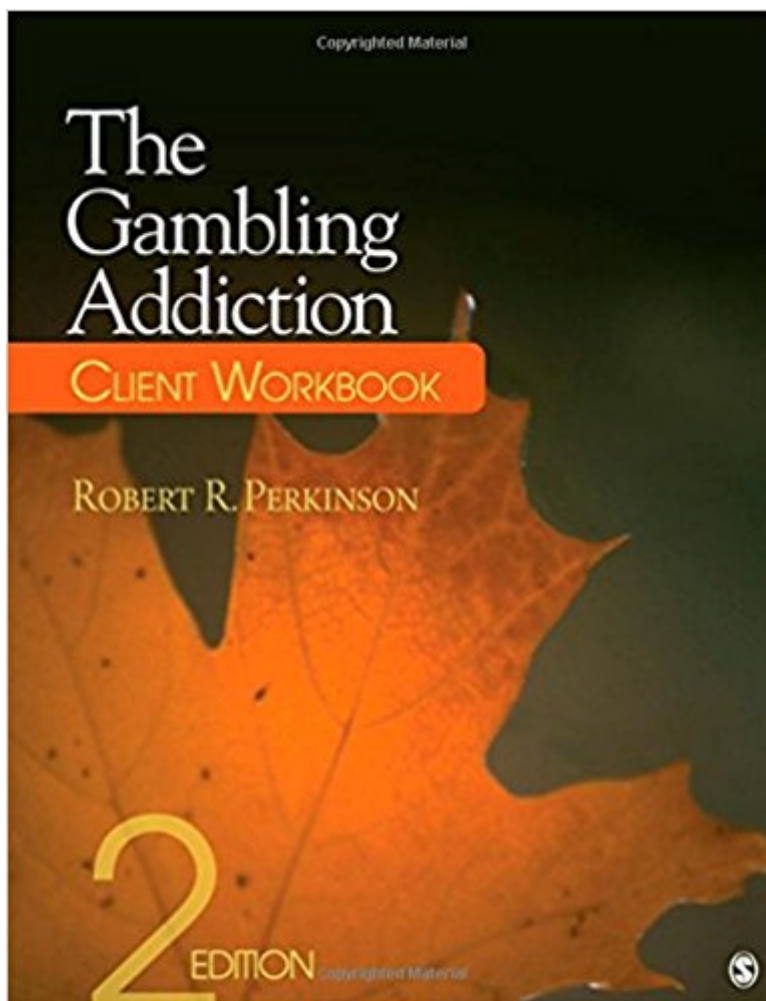




Ebook Directory
the best source of ebook

The book was found

The Gambling Addiction Client Workbook



Synopsis

The Gambling Addiction Patient Workbook is a patient workbook intended to walk the client through the recovery process of gambling addiction. It is an evidence-based program using treatments including motivational enhancement, cognitive-behavioral therapy, skills training, medication and 12-step facilitation and walks clients through self-reflective activities and exercises meant to help them reflect upon the underlying causes and motivations causing their gambling addiction. The workbook also contains specific chapters focused on honesty and relapse prevention and contains a personal recovery plan.

Book Information

Paperback: 168 pages

Publisher: SAGE Publications, Inc; 2 edition (June 13, 2011)

Language: English

ISBN-10: 141297920X

ISBN-13: 978-1412979207

Product Dimensions: 11 x 8.6 x 0.4 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 8 customer reviews

Best Sellers Rank: #1,966,078 in Books (See Top 100 in Books) #90 in Books > Health, Fitness & Dieting > Addiction & Recovery > Gambling #3706 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse #131994 in Books > Self-Help

Customer Reviews

"The addiction field has long needed a comprehensive set of exercises counselors could use to guide patients through good treatment. The workbooks developed by Dr. Perkinson take the patient from the beginning of treatment to the end. They are written in such a manner that Dr. Perkinson is your mentor and is conversing with you, sharing with you his vast area of expertise and knowledge about recovery. These patient exercises meet the highest standards demanded by accrediting bodies." (Dr. Bob Carr, Director)"I have been working with compulsive gamblers and their family members for 12 years and find this work extremely rewarding and challenging. I have been utilizing Dr. Perkinson's workbooks for 10 years and have found them to be some of the most useful tools in helping addicts and gamblers identify the many ways that addiction has impacted their lives. Our clients benefit from the straightforward approach of the workbooks and the clear instructions of how to begin incorporating a 12-step recovery program into their lives. I highly recommend Dr

Perkinson's workbooks." (Lisa Vig, Licensed Addiction Counselor and Nationally Certified Gambling Counselor)"I have been in the chemical dependency field for over 28 years. I have worked as a counselor, clinical supervisor and executive director in a number of treatment centers. These are the best exercises for alcoholics, drug addicts and problem gamblers that I have ever seen. I have used them for years and patients find them easy to understand. The material covers everything an addict needs to know to enter a stable recovery. I highly recommend these patient handbooks. Patients love them and they make the counselor's job easy. The book makes the job easy as all you will need to help your patient is in one place." (Bob Bogue, CCSII, CCDC III, Clinical Supervisor)"Dr. Perkinson does an excellent job of bringing together and individualizing 12 step treatment for addicts and gamblers including identifying character defects and relapse prevention. Comments from patients include, 'it has opened my eyes to my gambling and behaviors associated with it' and 'I feel it is easy to work and very self explanatory.'" (Ron Scherr, CCDC II, Certified Chemical Dependency Counselor) --This text refers to an out of print or unavailable edition of this title.

"The addiction field has long needed a comprehensive set of exercises counselors could use to guide patients through good treatment. The workbooks developed by Dr. Perkinson take the patient from the beginning of treatment to the end. They are written in such a manner that Dr. Perkinson is your mentor and is conversing with you, sharing with you his vast area of expertise and knowledge about recovery. These patient exercises meet the highest standards demanded by accrediting bodies." --Dr. Bob Carr, Director, Substance Abuse Program and Mental Health Services, Sioux Falls V.A. Regional Medical Center, South Dakota "I have used the exercises in The Gambling Addiction Patient Workbook for years. Patients have reported reduced levels of stress from assignments organized in this format. It is a challenge for the pathological gambler to slow down and learn in early recovery." --Sue Van Doren, Nationally Certified Gambling Counselor "I have been working with compulsive gamblers and their family members for 12 years and find this work extremely rewarding and challenging. I have been utilizing Dr. Perkinson's workbooks for 10 years and have found them to be some of the most useful tools in helping addicts and gamblers identify the many ways that addiction has impacted their lives. Our clients benefit from the straightforward approach of the workbooks and the clear instructions of how to begin incorporating a 12-step recovery program into their lives. I highly recommend Dr. Perkinson's workbooks." --Lisa Vig, Licensed Addiction Counselor and Nationally Certified Gambling Counselor, Gamblers Choice, Fargo, North Dakota "I have been in the chemical dependency field for over 28 years. I have worked as a counselor, clinical supervisor, and executive director in a number of

treatment centers. These are the best exercises for alcoholics, drug addicts, and problem gamblers that I have ever seen. I have used them for years and patients find them easy to understand. The material covers everything an addict needs to know to enter a stable recovery. I highly recommend these patient handbooks. Patients love them and they make the counselor's job easy. The books make the job easy as all you will need to help your patient is in one place." --Bob Bogue, CCSII, CCDC III, Clinical Supervisor "Dr. Perkinson does an excellent job of bringing together and individualizing 12-step treatment for addicts and gamblers including identifying character defects and relapse prevention. Comments from patients include, 'it has opened my eyes to my gambling and behaviors associated with it'; and 'I feel it is easy to work with and very self explanatory.'" --Ron Scherr, CCDC II, Certified Chemical Dependency Counselor, Avera St. Lukes, Worthmore Treatment Center --This text refers to an out of print or unavailable edition of this title.

ok

Speaking as a professional counselor, this is an excellent resource guide for anyone struggling with pathological gambling [or abuse]. I have shared copy with clients who asked if they purchased the book, could they write in their responses [this is from an attorney client who found the bk clear, refreshing, and which became an important tool in developing an effective relapse prevention plan].
Richard Noonan, ACSW, LCSW, CADC-III

Great resource book for working with gambling addicts! Highly recommended.

The workbook is good and helpful. But it was disappointingly small. I was expecting a larger book for the price. That's my only complaint.

This is not meant to be a "stand alone" workbook. It seems to be intended to be used to support a class or seminar. The ad is not clear on this.

This book is even better than expected. If you have a gambling problem, think you might have a problem or know someone who does, you will find this book very informative. This book could also be used by Clinicians for their clients. It really encourages the reader to take a hard look at what their gambling habits have cost them, in terms of lost time, money and relationships. This book

would be helpful for the loved one of an addicted gambler. While gambling is meant for entertainment, it ceases to be entertaining when the compulsion to gamble takes over your life. This book helps the reader to feel like they are not alone.

As someone who makes his living because of the existence of casinos I am always struck by the fact that some people just can't stop gambling. They would rather lose all their money and some would rather lose everything they have in life as long as they can play the games. Now I don't think compulsive gamblers are any different than other addictive types. I knew someone who was told by his doctor that he was going to die - because he was running too much. The runner had thoroughly devastated his body and bled everytime he urinated. The addicted will always be with us. This book addresses how to help them, if they can be helped. There is definitely something in the brain and in the personality that causes people to do the destructable. Frank Scoblete: author of Golden Touch Blackjack Revolution! and Golden Touch Dice Control Revolution!

We use this book for all of our patients. They love the exercises and take them home and go over them again and again. This keeps them thinking about recovery. The book leaves no stone unturned. It has everything a problem gambler needs to stay in recovery.

[Download to continue reading...](#)

Gambling: Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction, Gambling, Compulsive Gambling, Roulette, Gambling Systems) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) The Gambling Addiction Recovery Workbook: Written by a Former Gambler (Gambling Addiction Cure, Compulsive Gambling, Problem Gambling, Gambling Stories) Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Breaking Bad Habits: 11 Steps to Freedom (addiction, food addiction, sugar addiction, gambling addiction, addiction recovery, habits, breaking bad habits) The Ultimate Gambling Addiction Help Guide: How to Overcome a Gambling Addiction and Problem Gambling Once and for All Gambling Addiction

Cure: How to Overcome Gambling Addiction and Stop Compulsive Gambling for Life Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) Gambling:Just Stop Pressing The Button: The Truth Behind our Gambling Addiction - What Most People Do Not Understand And How You Stop Gambling Away Your Life The Gambling Addiction Client Workbook Porn Addiction: How to Quit Porn, Porn Addiction, Step-by-Step Easy Guide to Control Your Porn Addiction, Stop Watching Porn in 7 Days! (Porn Addiction, Improve Your Relations, Live Happier Life) The Nicotine Addiction Cure - How to Avoid Triggers, Manage Withdrawal Symptoms, and Quit Nicotine & Smoking for Life (tobacco addiction, nicotine addiction, ... recovery, smoking addiction, stop smoking,) GAMBLING ADDICTION: Overcome Gambling Compulsion Today! Gambling Addiction: One Last Game!: How To Stop Gambling And Finally Get Your Life Back Opiate Addiction - How to detox from Opiates (How to Get Off Opiates): SHORT READS - Signs of opiate addiction, Symptoms of opiate use, Signs of opiate ... prescription drugs abuse, heroin addiction) My Husband's a Porn Addict: A wife's tormenting journey through her husband's addiction ((Pornography addiction, porn addiction, spouse of porn addict)) Beauty Salon Client Record Card Template: Hair Stylist Client Log Client Tracking: Large 8.5 Inches By 11 Client Profile Log Book Including Address Details And Appointment

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)